

TEAM TECHNIQUE CLASS GUIDE

RECOMENDATIONS

If you are in one of these types of routines, then you are **RECOMENDED** to take the technique classes listed below. All team members are required to attend at least one week of Summer Intensive Camp AND the Choreography Week. This DOES NOT include group weekly rehearsals.

Advanced Small Group- Must Take at least the Following Each Week:

2 Ballet Classes, 1 Conditioning or Acro Class, 1 Leaps & Turns Class, 1 Class in the Style of the Group
+ 2 Summer Intensives + 2 Weekly Summer Classes

Advanced Large Group/ Line- Must Take at least the Following Each Week:

2 Ballet Classes, 1 Leaps & Turns Class, and 1 Class in the Style of the Group
+ 2 Summer Intensives + 1 Weekly Summer Class

Intermediate Small Group- Must Take at least the Following Each Week:

1 Ballet Class, 1 Conditioning Class or Acro Class, 1 Leaps & Turns Class, and 1 Class in the Style of Group
+ 1 Summer Intensive + 2 Weekly Summer Classes

Intermediate Large Group/ Line- Must Take at least the Following Each Week:

1 Ballet Class, 1 Leaps & Turns Class, and 1 Class in the Style of the Group
+ 1 Summer Intensive + 1 Weekly Summer Class

Novice Small Group- Must Take at least the Following Each Week:

1 Ballet Class, 1 Conditioning or Acro Class, and 1 Class in the Style of the Group
1 Summer Intensive

Novice Large Group/ Line- Must Take at least the Following Each Week:

1 Ballet Class, and 1 Class in the Style of the Group
1 Summer Intensive